



DCSAA Sports Medicine Advisory Committee

Anaphylaxis Policy for Member Schools:

Parents of students with allergies must provide athletic coaches/athletic trainers with an EpiPen if indicated on the Universal Health Certificate or Emergency Treatment Form. The EpiPen must not be expired. If only one EpiPen is available the athlete must present it daily before participating in any athletic activity. It is recommended that a second EpiPen be kept on-site for immediate access by athletic trainers/coaches/first responders. The second EpiPen should be kept in accordance with the individual school systems' Administration of Medication policy.

IF AN ATHLETE WITH A PRESCRIBED EpiPen DOES NOT HAVE IT AVAILABLE AT ANY ATHLETIC SESSION, HE/SHE SHALL NOT PARTICIPATE IN ANY PRACTICE, SCRIMMAGE, OR COMPETITION

- A completed, signed and dated **Anaphylaxis Action Plan** (available from the DC Department of Health) must accompany the Emergency Treatment Form.
- A label must be attached to the EpiPen of each patient who presents the medication. Patients should NEVER be allowed to share EpiPens (medications of any kind!)
- Print the patient's name; specific medication (i.e., albuterol, Ventolin, etc); lot number and expiration date on the label.
- It is optimal if the medication is presented in the original packaging with the original pharmacy prescription information (label) attached
- EMS must be activated immediately whenever an EpiPen is used and participation in athletic activities is barred until written clearance from a physician is provided.

The link below provides in-depth information regarding allergies and anaphylaxis:

<http://www.aaaai.org/conditions-and-treatments/allergies/anaphylaxis.aspx>

The following link provides detailed information on the use of EpiPens, as well as a means to access copay assistance.

<http://www.epipen.com/>

